



# Spring House Cleaning

**"Go home..."**  
MARK 5:19

## LESSON 2 ~ *Adjust the Attitudes*

### *Attitudes of the heart are basic building blocks for a home*

#### ▼ *Renewed attitudes and atmospheres are powerful proofs of a holy heart*

Ephesians 4:23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

Philippians 2:5 Your attitude should be the same as that of Christ Jesus:

#### ▼ *Release of an attitude into a home is like releasing poison or perfume into the atmosphere*

Matthew 13:58 And he did not do many miracles there because of their lack of faith.

John 12:3 And the house was filled with the fragrance of the perfume.

### *Atmospheres at home can bruise and break*

#### ▼ *The angry–agitated–adversarial atmosphere*

Colossians 3:21 Fathers, do not embitter [*exasperate, provoke, aggravate*] your children, or they will become discouraged.

James 1:19 Everyone should be quick to listen, slow to speak and slow to become angry, 20 for man's anger does not bring about the righteous life that God desires.

Proverbs 21:19 Better to live in a desert than with a quarrelsome and ill-tempered wife.

#### ▼ *The demeaning–degrading–deflating atmosphere*

Galatians 5:15 If you keep on biting and devouring each other, watch out or you will be destroyed by each other.

#### ▼ *The cranky–critical–complaining atmosphere*

Philippians 2:14 Do everything without complaining or arguing, 15 so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe 16 as you hold out the word of life

James 5:9 Don't grumble against each other, brothers, or you will be judged. The Judge is standing at the door!

#### ▼ *The empty–emotionless–expressionless atmosphere*

2 Corinthians 6:12 We are not withholding our affection from you, but you are withholding yours from us. 13 As a fair exchange—I speak as to my children—open wide your hearts also.

#### ▼ *The spiritually–shy and substantially–secular atmosphere*

Luke 24:17 He asked them, "What are you discussing together as you walk along?"

### *Atmospheres at home can build and bless*

#### ▼ *The submitting–serving atmosphere*

Ephesians 5:21 Submit to one another out of reverence for Christ.

Romans 12:10 Be devoted to one another in brotherly love. Honor one another above yourselves.

Galatians 5:13 You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love.

#### ▼ *The affirming–applauding atmosphere*

1 Thessalonians 5:11 Therefore encourage one another and build each other up, just as in fact you are doing.

#### ▼ *The caring–compassionate atmosphere*

Ephesians 4:32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Galatians 6:2 Carry each other's burdens, and in this way you will fulfill the law of Christ.

#### ▼ *The expecting–empowering atmosphere*

Joshua 17:17 But Joshua said to the house of Joseph—to Ephraim and Manasseh—"You are numerous and very powerful. You will have not only one allotment 18 but the forested hill country as well. Clear it, and its farthest limits will be yours; though the Canaanites have iron chariots and though they are strong, you can drive them out."

#### ▼ *The Christ–constantly–in–the–conversation atmosphere*

Deuteronomy 6:6 These commandments that I give you today are to be upon your hearts. 7 Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. 8 Tie them as symbols on your hands and bind them on your foreheads. 9 Write them on the doorframes of your houses and on your gates.

Malachi 3:16 Then those who feared the LORD talked with each other, and the LORD listened and heard. A scroll of remembrance was written in his presence concerning those who feared the LORD and honored his name.

Colossians 3:17 And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

#### ▼ *The glad–gracious–grateful atmosphere*

Colossians 3:15 And be thankful. 16 Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God.

1. *Analyze the prevailing atmosphere*
2. *Abandon the poisonous attitudes*
3. *Amplify the positive atmospheres*