



Spring House Cleaning

"Go home..."
MARK 5:19

LESSON 4 ~ *Heal at Home*

1. Every home has a history of hurts and heartaches, though often buried inside the home and hidden from outsiders.
2. Many Christian homes harbor hurts and heartaches instead of pursuing healing, thus hindering their God-given purposes.
3. Hope for healing the home is found in the principles of Scripture, in the work of Jesus, and in the power of the Holy Spirit.

Pain and heartache at home

▼ *Early hopes for health*

Every Christian family hopes for...

- ▼ Healthy relationships
- ▼ Healthy bodies
- ▼ Healthy minds and emotions
- ▼ Healthy finances
- ▼ Healthy spirituality

▼ *Eventual hurts and heartaches*

Many families experience the pain of...

- ▼ Diseases and disabilities and disorders
- ▼ Dollar deficits
- ▼ Disasters and death
- ▼ Dissension and division and dysfunction
- ▼ Desertion and divorce

▼ *Exacerbating heartaches in the home*

Healing is hindered by...

- ▼ Fixing blame
- ▼ Focusing on the bleak and forgetting the blessings
- ▼ Forming barriers and blockades
- ▼ Floundering in brokenness and barrenness

Power for healing at home

▼ *Unite in passion for serving the Savior*

Joshua 24:15 But if serving the LORD seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your forefathers served beyond the River, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the LORD."

Acts 16:31 They replied, "Believe in the Lord Jesus, and you will be saved—you and your household."

Matthew 7:25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.

▼ *Unite in processing pain and sorrow*

Galatians 6:2 Carry each other's burdens, and in this way you will fulfill the law of Christ.

2 Corinthians 1:7 And our hope for you is firm, because we know that just as you share in our sufferings, so also you share in our comfort.

1 Thessalonians 5:11 Therefore encourage one another and build each other up, just as in fact you are doing.

▼ *Unite in persevering amidst struggles*

Mark 3:25 If a house is divided against itself, that house cannot stand.

Nehemiah 4:14 After I looked things over, I stood up and said to the nobles, the officials and the rest of the people, "Don't be afraid of them. Remember the Lord, who is great and awesome, and fight for your brothers, your sons and your daughters, your wives and your homes."

Romans 15:5 May the God who gives endurance and encouragement give you a spirit of unity among yourselves as you follow Christ Jesus,

▼ *Unite in the pursuit of peace amidst stress and strife*

Matthew 5:9 Blessed are the peacemakers, for they will be called sons of God.

James 3:18 Peacemakers who sow in peace raise a harvest of righteousness.

1 Peter 3:10 For, "Whoever would love life and see good days must keep his tongue from evil and his lips from deceitful speech. 11 He must turn from evil and do good; he must seek peace and pursue it.

▼ *Unite in prayer and praise amidst suffering*

Matthew 18:19 "Again, I tell you that if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven. 20 For where two or three come together in my name, there am I with them."

1 Peter 5:10 And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. 11 To him be the power for ever and ever. Amen.