

He Is Our Peace

Paul's Letter from Rome to the Ephesians

Ephesians 4:17-32

4:17 So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. 18 They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. 19 Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, with a continual lust for more.

20 You, however, did not come to know Christ that way. 21 Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. 22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

25 Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body. 26 "In your anger do not sin": Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold. 28 He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need.

29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. 30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. 31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

7. Live a New Life

Leave the sinful life behind you

▼ Leave behind the warped mind

▲ The ineffectual mind

Ephesians 4:17 So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.

▲ The ignorant mind

Ephesians 4:18 They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts.

▲ The insensitive mind

Ephesians 4:19 Having lost all sensitivity,

▼ Leave behind the wicked manners

Ephesians 4:19 Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, with a continual lust for more.

Live the saved life before you

▼ You're making a grand exit

Ephesians 4:17 So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do,

▼ You're making a glorious entrance

Ephesians 4:20 You, however, did not come to know Christ that way. 21 Surely you heard of him and were taught in him in accordance with the truth that is in Jesus.

▼ You're making a great exchange

▲ Put off the carnal lifestyle

Ephesians 4:22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires;

▶ Stop the sinful talk

Ephesians 4:25 Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body.

Ephesians 4:29 Do not let any unwholesome talk come out of your mouths,

▶ Stamp out the selfish temper

Ephesians 4:26 "In your anger do not sin": Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold. [from Psalm 4:4]

Ephesians 4:31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.

▶ Stop the sloth and thievery

Ephesians 4:28 He who has been stealing must steal no longer, but must work, doing something useful with his own hands,

▲ Put on the Christian lifestyle

Ephesians 4:23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

▶ Put on a new mind

Ephesians 4:23 to be made new in the attitude of your minds;

▶ Put on a new mouth

Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

▶ Practice a new measure of mercy

Ephesians 4:32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Ephesians 4:28 He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need.

▶ Please a new Master

Ephesians 4:30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.